

# Coach Journey

## Becoming a One to One Coach

If this is your first time coaching with Yes Futures you can start your journey as a one-to-one Coach on our Rising Futures programme in Secondary Schools.

For those who have been a Yes Futures Coach previously, you can apply for our Impact Coach role (see page 3 for details).

### 1. Register your interest

Before applying for the role of Coach, you may want to know more about the role or ask some questions. Register your interest to find out more and we'll be in touch. You can also find the role description and FAQ's on our website.

### 2. Complete your application

Once you have all the information you need, you will be asked to complete an application form which allows you to share with us why you would like to become a Yes Futures Coach and what you can bring to the role.

At this point we will also ask you to provide the names of two people who we can contact for references should your application be successful.

### 3. Attend an interview

Once we have reviewed your application we will get in touch with you to arrange a suitable day and time for your video interview. We call it an interview but it's more a conversation so that we can get to know each other better and, perhaps most importantly, answer any questions that may have come to you since applying.

### 4. Celebrate and send us the essentials

Following your interview, we will let you know within two weeks if you have been successful. If you have not already sent us a current DBS Check Certificate we will be in touch to arrange one. At this point we will also contact your referees.

But for you, it's time to celebrate and look forward to your Coach Training!

### 5. Coach Training

All Yes Futures Coaches (new and experienced) take part in training to learn about our programmes and keep up to date with any changes. During your training you will also have the opportunity to meet your Programme Manager who will be looking after you as well as some, if not all, of your fellow coaching team.

# Being a One to One Coach

## Welcome Session

Coaches will meet the students on the programme during this one hour session. This is a great opportunity to begin to get to know each other before your coaching sessions begin.

## Coaching Sessions

Over the five months of the programme, you will have four coaching sessions with each of your students. You will help students to use Yes Futures' award-winning **Talent Toolbox** to document experiences and skills they are developing during the programme. The Talent Toolbox focuses on four key Talent areas: **confidence, communication, resilience and self-awareness**. You will support students to set themselves challenging targets throughout the programme and encourage them to work hard to achieve these.

## Play Your Part (Optional)

Coaches who join the Play Your Part day will join students to support a community action project or charitable fundraising challenge. Here students learn the benefits of social action and develop key communication and teamwork skills.

## World Of Work (Optional)

Coaches who join the World of Work trip will accompany their students to an inspirational working environment. This day raises the students' aspirations for their future and improves their knowledge of working life through meeting professionals and participating in a skills-based workshop.

## Into The Wild (Strongly Recommended)

The Into the Wild weekend is a highlight for all students taking part in the programme. For this fun, action-packed weekend, students from different schools come together to continue working on their personal goals and, in many cases, overcome their fears.

Into the Wild can feel very different to the Play Your Part and World of Work days as you will be working with students from schools other than your own. For this reason we will invite you to a special briefing call to prepare you and give you the opportunity to ask any questions you may have.

## Graduation (same day as final coaching session)

Following their final coaching session, students will have the opportunity to celebrate everything they have achieved throughout the programme at their Graduation ceremony. Parents and teachers are also invited to share this experience as the students present their learnings and reflections before receiving their certificates.

## Celebration

Join the community of Coaches at an online celebration at the end of the programme. All Coaches will also receive a certificate to reward your commitment to the programme.

## What next?

### Join our next programme as a One-to-One Coach

Volunteer with us again to continue honing your skills coaching young people. The coaching will remain entirely online, but we encourage you to join the trips where possible.

### Apply to our Impact Coach role

After you complete your first five month coaching programme, you will be eligible to apply for our Impact Coach roles.

Impact Coaches amplify the impact of our programmes by working closely with the Programme Manager to support all students and Coaches within a school cohort. They will attend all the sessions and trips in person and so must be able to travel to the school.

Impact Coaches have the opportunity to work on either our Rising Futures (Secondary School) or Finding Futures (Primary School) programmes. Please see the role description on our website for more details.